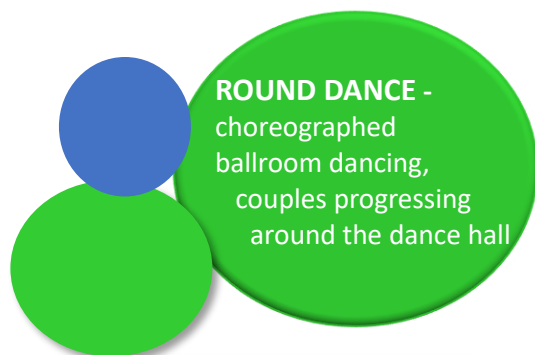
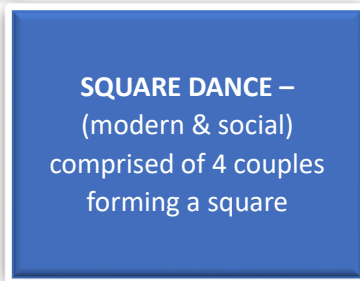


Round Dancing



ROUND DANCE - choreographed ballroom dancing, couples progressing around the dance hall



SQUARE DANCE – (modern & social) comprised of 4 couples forming a square

Square Dancing



LINE DANCE - single dancer, done in lines



Line Dancing



www.eosarda.ca & info@eosarda.ca

SQUARE, ROUND & LINE DANCING

for fun, fitness & friendship!



Eastern Ontario Square & Round Dance Association

www.eosarda.ca
info@eosarda.ca



Life is better
WHEN YOU
DANCE

Dance for FUN

- Dancing is fun and a great way to exercise without even realizing it.
- No experience or partner are required.
- Dancing within EOSARDA, a not-for-profit organization, is inexpensive.
- The caller/cuer/dance leader will teach everything you need to know in order to be a good dancer.
- There are no exams or competitions; we dance for fun, not for perfection!
- A wide variety of music is used to satisfy every ear!
- Casual attire and comfortable shoes are the only dress requirements.
- Dancing is a very social activity - you will make new friends, connect with old ones.
- Make dance night your DATE NIGHT - get up and dance!

Dance with FRIENDS




Dancing is
friendship set to music!



Contact:

Dance for FITNESS

- Visit Eastern Ontario Square and Round Dance Association's website for info and to find a club near you: www.eosarda.ca.
- Especially check out the 'Interested in Dancing?' page.
- Check us out on  /groups/eosarda.



**& come square, round
or line dancing!**